

BEST PRACTICES # 01

TITLE OF THE PRACTICE

Annual College Week, 2018-19

OBJECTIVES OF THE PRACTICE

The objectives of the Annual College week are:-

1. To inculcate in the students the value of sportsmanship and healthy competition
2. To make the student-teachers get acquainted with the procedures and knowhow and challenges of conducting school based activities
3. To discover the innate potential of the student-teachers and develop their personality
4. To enhance leadership qualities

THE CONTEXT

The College Week has been an integral part of D.M. College of Teacher Education since its inception. Education is not merely confining to scholastic areas. Every individual requires a sense of competition and sportsmanship in order to motivate and excel in his/her field. The College week Programme which is part of the co-scholastic activities develops all the three genres of education-reasoning, psychomotor and emotional learning. Involvement in these co-scholastic activities enhance the personality of the student-teachers. Moreover, the innate potential of the individual and their creativity surfaces during such activities. As student-teachers, the functionality of how to organize such co-scholastic events in their respective schools is a much needed and required knowledge. Involving themselves in these activities gives them a first-hand experience on the arrangement and conduct of the programme.

THE PRACTICE

The College week was inaugurated on the 11th February with a March Past of all the students who were divided into five Houses-- Gandhi House, Tagore House, Dewey House, Rousseau House and Radhakrishnan House. Literary Competition was conducted on the 11th February 2019. The competition was done on Short Story Writing, Recitation, Debate, Ex-Tempore, Epom (Comedy) and Quiz. The Cultural Competition on Songs was conducted on 12th February, 2019. The items were Manipuri Modern Song, Manipuri Group Song, Folk Song and Western Solo Song. The Cultural Competition of dances were conducted on the 13th February 2019. The items were Traditional Solo Dance and Traditional Group Dance. The Indoor Games Competition was conducted on the 14th of February. The items included Carrom, Table Tennis, Chess, Badminton and Volleyball for both men and women. The Outdoor Games were conducted on the 15th to 17th February, 2019. The items were 100m Race, 200m Race, Javelin, Shot-Put, Discuss Throw and football. The prize distribution was held on the 18th February with a closing function.

EVIDENCE OF SUCCESS

The College Week had motivated the students to discover their potentials and innate creativity. This was seen in the later part of the session where the students became more open, more creative and ready to take on challenges. The value of sportsmanship was also ingrained in all the students.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The only problem encountered was in the conduct of the events. As it was a week-long programme, students tend to get exhausted by the 5th day of the competition. Moreover, some students had joined in all the competition and clashes of the schedule was reported. Another problem

was in hiring mentors/teachers for the cultural programmes as it was basically very specifically traditional in form. Monetary involvement to hire the teachers were required.

NOTES

Future teachers require to have both scholastic and co-scholastic knowledge in order to educate the future generation of the state as well as the country. D.M. College of Teacher Education is setting an exemplary benchmark in imparting an all round education which will result in the betterment of education sector for the state as well as the country. "Nations are built in classrooms" is a quote which is ingrained in the philosophical structure of this institution.

BEST PRACTICES # 02

TITLE OF THE PRACTICE

Swachh Bharat Summer Internship (100 Hours)

OBJECTIVES OF THE PRACTICE

The objectives of the practice are in cognizance to the objectives of Swachh Bharat Campaign.

1. To eliminate open defecation in rural areas
2. To bring behaviour changes of the mass through rallies and sensitization
3. To educate on waste disposal and other sanitation activities
4. To identify solid waste and segregation of the waste
5. To assist in transportation of household waste to appropriate disposal sites
6. To conduct door-to-door awareness campaign on cleanliness

THE CONTEXT

The Government of India had launched Swachh Bharat Mission as a national movement on 2nd October, 2014. In pursuance of the objectives of Swachh Bharat Mission, the Ministry of Human Resource Development, in association with Swachh Bharat Mission (Gramin), Ministry of Drinking Water and Sanitation had launched a 'Swachh Bharat Summer Internship Programme'. The UGC had qualified this internship as being eligible for two credits to the students of Higher Educational Institutions. In this summer internship, students were expected to undertake 15 or more days (100 Hours) activities under Swachh Bharat Abhiyan activities. The students had to undergo different social activities such as awareness campaign, door-to-door visits, village level rallies, waste collection drives, segregation of solid wastes, and development of compost pits, tree plantation and re-using of waste materials.

THE PRACTICE

The Swachh Bharat Summer Internship Programme was launched on 11th May, 2018 under the appointed Nodal Officer, Dr. W. Jyotirmoy Singh. Altogether 28 students were selected to undergo the 100 hours internship programme. The students were divided into three groups each group taking charge of one village. The first group took charge of Luwangshangbam Village under Luwangshangbam Gram Panchayat, Imphal East. The second group took charge of Phuramakhong village under Langthabal Ningombam Gram Panchayat of Imphal West District. The third group took charge of Konsam Leikai Village under Khurai Konsam Leikai Gram Panchayat of Imphal East District. All the groups conducted a series of activities:-

1. Rally on World Environment Day (5th June, 2018) at Luwangshangbam on the theme Beat Plastic Pollution
2. On 14th June, 2018, the student volunteers donated blood at the blood donation camp at Regional Institute of Medical Sciences, Imphal
3. On 19th June, a One-Day Awareness Programme on Sanitation was conducted at Khurai Popular High School
4. On 21st June, 2018, International Yoga Day was observed at Khurai in collaboration with the students of Khurai Popular High School

As it was a competition amongst the three groups there were also other activities conducted such as door-to-door campaign on sanitation, disposing of household waste at suitable sites, sensitization at village level and school level, construction of toilets in an economical manner and preparation of useful goods out of waste materials. The Programme was conducted from May to the first week of August, 2018. The reports were all submitted at the online portal of SBSI, India within the stipulated time. Group 1 of Our College (Luwangshangbam Village) under the leadership of Seram Dewan Singh (Roll No. 129, B.Ed. First Year) received the Best Team at the University Level getting a cash award of Rs.30,000. The other two groups also performed exceptionally well.

EVIDENCE OF SUCCESS

The evidence of success was visible in the attitude of the interns after the completion of the internship. The general behaviour attitude and mindset was completely targeted into making the college campus clean and plastic free. The passed out interns also motivated their friends on the use of different dustbins and segregation of waste. A space for the segregation of wastes was also constructed by the interns in the college campus. In addition to this, the energy of these interns affected the rest of the students in the college in keeping the campus neat and clean. The interns also motivated their own families and locality to set up dustbins and to make useful things out of waste materials.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED

The problems encountered were in changing the mindset of the villagers where the groups were working in. Open defecation was a general problem faced by the interns. Assisting the villagers to construct economical toilets was a challenging task. There was requirement of extra funds in order to conduct and construct these facilities. The internship, because of the fact that it was in summer, was also a problem faced by the interns because of the heat. More volunteers would have lessen the burden. Therefore, there was a need to sensitize of such internship programme bearing credit points, beforehand so that more student-volunteer.

NOTES

Such summer internship programme is the requirement for the future generation and the government is requested to initiate such programmes.